

# WOMEN & RETIREMENT

## FALL FOCUS GROUP

who

Women who will retire in the next 5 years and women who have been retired for less than 5 years.

why

To talk about your experiences before and after retirement and to give your opinion on potential programs. We will be discussing dreams, needs, concerns, and hopes for this time of life.

when

October 19 from 9:00-11:00 am

where

Panera 4519 N. High-Cantonville-Community Room



RSVP by October 12, 2018 [macaliv@cs.com](mailto:macaliv@cs.com)

**Virginia Macali, JD, MS**, is a Retirement Transition Consultant and Integral Coach. She is known for her ability to support people moving through transitions in smart, aware, and balanced ways. She is active with The Aging with Intention Series and writes a blog that explores the next chapter of life.

**High Point Transitions, LLC**

**Virginia Macali, JD, MS**

Retirement Coaching for Professionals | Next Chapter Explorations

[www.highpointtransitions.com](http://www.highpointtransitions.com)

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