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| *Women & retirement*FALL FOCUS GROUP

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| whoWomen who will retire in the next 5 years and women who have been retired for less than 5 years. whyTo talk about your experiences before and after retirement and to give your opinion on potential programs. We will be discussing dreams, needs, concerns, and hopes for this time of life.whenOctober 19 from 9:00-11:00 amwherePanera 4519 N. High-Clintonville-Community Room | Sunflower with leaves |

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| RSVP by October 12, 2018 macaliv@cs.comVirginia Macali, JD, MS, is a Retirement Transition Consultant and Integral Coach. She is known for her ability to support people moving through transitions in smart, aware, and balanced ways. She is active with The Aging with Intention Series and writes a blog that explores the next chapter of life. |  |

High Point Transitions, LLC**Virginia Macali, JD, MS**Retirement Coaching for Professionals | Next Chapter Explorations[www.highpointtransitions.com](http://www.highpointtransitions.com)614.296.6287 |